

## Roid Rage: Alarming Statistics about Athletes and Bodybuilders

Statistics depict an alarming picture as far as the serious crime cases that are perpetrated by athletes and bodybuilders in a state of roid rage. This kind of behavior is mainly attributed to the individual's disposition as well as the given specific circumstance too. For people who are unaware of what Roid Rage is, here is some useful information:

People act in a very hostile manner or in an aggressive manner after having consumed anabolic steroids on a regular and continuous basis and these are nicknamed as roids. There have been many a crime, brutal attacks and several prominent murders reported in recent times that have been directly linked to this condition and it also suggests that the person is not directly responsible for the crime as he is not in control of his condition. But is it the right defense and an adequate one too for such kind of an unruly and violent behavior?

When people use the anabolic steroids continuously, it brings about a mood change as well as behavior change and people are found to become more hostile, more aggressive and in some cases manifest various symptoms that suggest mental illnesses like depression and schizophrenia. Continued usage of anabolic steroids may also be the cause of higher suicidal incidence than the general populace.

Numerous clinical studies that were centered on roid rage also reiterated the fact that people who experienced roid rage were extremely hostile, violent and angry prior to using anabolic steroids. This emphasizes the fact that roid rage occurs generally in those people who have a high risk for such violent behavior. So, it becomes highly essential that people who have been long term users of these anabolic steroids should be monitored carefully and help medically too to overcome the steroid addiction.

Despite the statistics shown and the research carried out through clinical studies, steroid users are unmindful of the potentially dangerous effects that might manifest in the form of mood changes and behavior changes. Athletes and body builders are the people who very commonly resort to taking anabolic steroids as they bring about high levels of testosterone and positive effects on the mind along with high energy levels. But in the long run and continued usage the side-effects that it would bring in would definitely be life changing.

Roid rage is popular amongst athletes and bodybuilders as they have a stimulating effect on the skeletal muscles growth. And probably it is this usage that brings about a violent side out at one point in time or other.

### About the Author

James Wright is a full-time freelance writer, editor and author with a background in health, finance, business and fitness. He has contributed a number of articles on roid rage addressing the risks of the condition. Fitness trainer. Blog writer. [roid rage](#) articles writer.

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